I would like to thank the British Society for Proteome Research for awarding me the Student and Support Staff Conference bursary. As a third year PhD student at the University of Liverpool, it has been an amazing opportunity to attend the BMSS-BSPR conference at the University of Warwick and present my poster. I was also presented with the award for Runner-up of Best Poster by the BSPR. I loved meeting so many people from different areas of mass spectrometry, introducing me to the wider research world of proteomics in mass spectrometry.

The talks were diverse and very interesting, and I especially enjoyed the Native MS and Proteomics session as well as the flash poster talks, both which allowed me to identify people working in a similar field to me. Through this I then knew who to talk to, to then make connections and get advice on my own research. Attending talks about slightly different areas to mine also increased my passion for mass spectrometry. I found Richard Kay's talk about using LC-MS for detecting higher levels of GDF15 in pregnancy particularly interesting.

Exploring the University of Warwick was an added bonus and one that I am very grateful for. Through the BSPR funding I am able to be more connected to the places and people that carry out mass spectrometry research.

Thank you to the organisers of the conference and I hope to also attend next year. Again, I am grateful to the BSPR for awarding me this bursary.