Dear BSPR,

I am writing to express my gratitude to the BSPR for the travel award that enabled me to attend the BMSS-BSPR 2024 Super Meeting at the University of Warwick. This award played a pivotal role in making my participation at this important conference possible.

Having recently completed a method development project focused on investigating different extracellular vesicle isolation techniques in the context of biomarker discovery, I was eager to share my findings with the scientific community. The BMSS-BSPR 2024 Super Meeting provided an ideal platform to present my work at such a prestigious event. I was honoured to have my late-breaking abstract accepted for a poster presentation.

Presenting a poster, as opposed to delivering an oral presentation, facilitated more in-depth and interactive discussions, which was especially beneficial for this method development-focused research. Several attendees visited my poster, and through these conversations, I realised that many researchers had encountered similar challenges. The insights and advice I received from these exchanges have given me valuable ideas on how to address the technical issues I originally faced in my work.

In addition to presenting my own research, I had the opportunity to attend numerous insightful talks by a wide range of researchers, from early-career scientists to renowned professors. One of the highlights was Professor Bernhard Küster's plenary presentation, which was particularly inspiring and relevant to my field of study.

In conclusion, I would like to reiterate my deep appreciation to BSPR for the travel award, which made it possible for me to present my work and engage with the broader scientific community at the BMSS-BSPR 2024 Super Meeting. I look forward to attending future BSPR conferences, reconnecting with colleagues, and learning about the latest breakthroughs in their research.

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Oliver Slingsby